# Fastest 422 x 100 m Marathon relay!

## A marathon run under 2 hours - is that possible? Eliud Kipchoge showed us that this is possible.

On the 12th of October 2019, the Kenyan Eliud Kipchoge made marathon history, he was the first person ever to run a marathon under two hours.

In a kind of "laboratory race", the then 34 year old ran the 42.195 kilometres in Vienna in 1:59:40.2 hours. The Kenyan man was supported by 41 pacemakers.

However, this time is not an official world record, as the conditions do not comply with the rules of the Athletics Federation.

The official world record is 2:01:39 hours, set by Kipchoge in Berlin in 2018. The time of 1:59:40 is equivalent to running 100 metres in about 17 seconds 422 times in a row, or running a kilometre in 2:51 minutes 42 times in a row. That corresponds to a speed of more than 21 km/h.

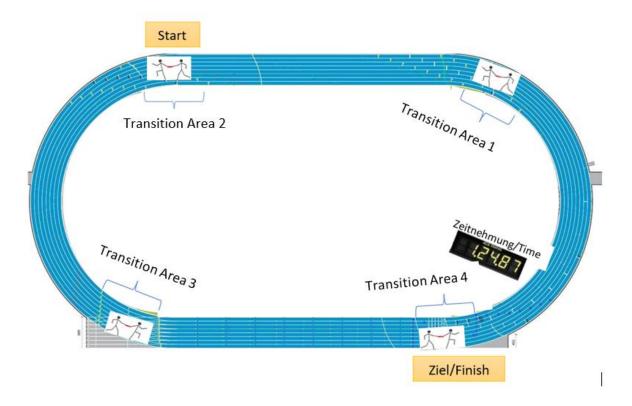
#### And now about the project:

Students who attend the BHAK/BHAS Villach and some athletes who are part of the Athletics Club Villach will try to beat the world record of 1:59:40 hours in the course of a long relay. This world record attempt will be registered with Guinness World Records. The runners will be trying to complete 105.5 laps of a 400-metre course, which complies with the rules of the Athletics Association, by using a baton. Participants will run a distance of 100 meters, where the baton will be passed on in the handover zones.

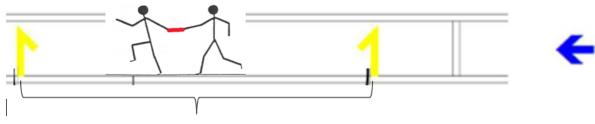
This project will take place on the 29th of June 2022 in the Stadium Lind. The aim is to bring this world record to the sports city of Villach and with it an entry in the Guinness Book of World Records.

### The record attempt in detail

- The location of this competition will be the Stadion Lind, Meister-Erhard-Allee 29, 9500 Villach, AUSTRIA.
- The date and time of the competition is 29 June 2022 at 5 p.m.
- A world record in marathon running by young people from Villach/AUT in the form of a relay race will be organized.
- All athletes are under 23 years old (age U23).
- The team consists of young people and substitute runners. If an athlete gets injured during the race, the substitute runner is allowed to step in until the next handover. Subsequently, the substitute runners replace the injured athlete.
- 42.2 km must be run (422 x 100 m relay each).
- The marathon finishing time must be under 1:59:40, which is 17 seconds per 100 metres. This is the unofficial world record of Eluid Kipchoge.
- 105.5 laps are run.
- The handover of the baton takes place in the transition area.



• The handover will be supervised by judges.



Transition Area

 All judges are certified by the Austrian Athletics Federation (ÖLV) or by the Carinthian Athletics Federation (KLV).

#### World Athletics Rules

The judges must also ensure that for all handoffs, the feet of the runners taking over are fully within the handoff space before beginning their movement leading to the baton takeover.

**24.7** The baton must be passed within the transition area. The handover begins when the baton is first touched by the runner taking over and ends when the baton is alone in his hand. When assessing whether the baton was handed over within the transition area, only the respective position of the baton is decisive.

- We use electronic timing (Alge-Timing). This is also used at Austrian athletics championships.
- The time measurement will be electronically activated with the starting signal.
- The starter is certified by the ÖLV/KLV.
- The current time is constantly displayed in the finish area.



- There will be at least 4 lap counters present.
- For traceability, a video of the entire run will be made.
- In case of loss of the baton, the current regulations of the World Athletics Association apply.

World Athletics Rules

**24.6.3** If the baton is dropped, it may only be picked up by the runner who dropped it.